

# Bakery

**Ginger Molasses Cookies**- chewy, sweet cookies packed with candied ginger and warm spices. 6 per bag \$5

**Chocolate Chip Cookies**- so good they make people ask, "What's your secret?" The answer: love, butter, and wonderful chocolate. 4 per bag \$5

**Coconut Macaroon (\*DF, \*GF)**- chewy and moist, these macarons are one of our best selling treats. 6 per bag \$6

**Everything Oatmeal Cookie**- oatmeal cookies packed with dried cranberries, raisins, coconut, and chocolate chips. 4 per bag \$5

**Buckwheat Brownie (\*V, \*GF)**- These fudgy brownies will satisfy every chocolate craving. \$4 each

**Chocolate Maple Nut Granola Bar (\*V, \*GF)**

Packed with nuts and chocolate chips these bars are sweetened with brown rice syrup and maple syrup for a healthy snack. \$2.50 each

**Trail Mix Granola Bar (\*V, \*GF)**- Dried cranberries, raisins, pumpkin seeds, and nuts make this bar a healthy, delicious treat. Sweetened with brown rice syrup and maple syrup. \$2.50 each

**Cinnamon Rolls**- These might just be the best cinnamon rolls you've ever tasted! 1 dozen \$36

**Blueberry Lemon Scone**- A moist cream scone with organic blueberries and a lemon glaze. 8 for \$20

**Butter Pecan Scone**- A moist cream scone with chopped pecans, warm spices, and a maple glaze. 8 for \$20

**Pumpkin Pie**- Made with roasted pumpkin, cream, and sweetened with maple syrup; this old stand-by is a winner. \$15

**Apple Crumb Pie**- Organic apples in an all butter crust, topped with cinnamon crumb: seriously delicious. \$14

**Pecan Pie**- Toasted pecans in a butter crust sweetened with maple syrup and brown rice syrup. This scrumptious pie is full of flavor and not as sweet as most. \$15

**Many Seed Bread**- A blend of organic flours along with pumpkin, flax, and sunflower seeds make this a delicious healthy bread. \$6 per loaf

**Honey Oat Bread**- Organic flours, honey and oats combine in this slightly sweet loaf. \$6 per loaf

**Cinnamon Raisin Bread**- Loaded with raisins and cinnamon this bread makes the best French toast. \$7per loaf

\*V- vegan

\*DF- dairy free

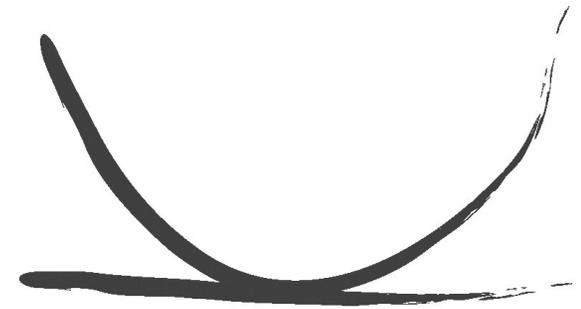
\*GF- gluten free

Call to place an order  
or visit our website.  
Many items are able  
to be shipped.  
Delivery available for  
large orders within 50  
miles. Watch for  
Holidays specials!

E14604 County Rd.F  
Ontario, WI 54651  
ph. 608-337-4578

[www.echovalleyfarmwisconsin.com](http://www.echovalleyfarmwisconsin.com)

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echo valley farm



# Our Products

## *Herbal Teas*

All teas are sold loose.

.25 oz \$6

1 oz \$15

**Tulsi-** is also known as Holy Basil. This aromatic tea from the Ayurvedic tradition is delicious hot or cold.

**Nettle-** is deeply green and vital. It is known throughout the world and loved for its earthiness. It is great hot or cold.

**Lemon Balm-** is delightfully fragrant with light, lemon flavor. It is delicious hot or cold.

**Korean Mint-** is very refreshing. The aroma awakens the senses. Try it hot or cold.



## *Herbal Body Care*

**Lavender Calendula Salve** - Olive oil infused with lavender and calendula with beeswax, lavender essential oil, grapefruit essential oil, and vitamin E. 4oz jar \$12

**Plantain Chickweed Salve-** Olive oil infused with plantain and chickweed with beeswax, grapefruit essential oil, and vitamin E. 4oz jar \$12

**Comfrey Salve-** Olive oil infused with comfrey, beeswax, grapefruit essential oil, and vitamin E. 4oz jar \$12

**Calendula Lip Balm-** Olive oil infused with calendula with beeswax and vitamin E. \$3

**Comfrey Foot Soak-** Dried comfrey, Epsom salt, and olive oil infused with comfrey. \$10

**Lavender and Sage Eye Pillow-** A soft flannel pillow filled with flax seeds, dried sage, and lavender essential oil. Perfect for relaxing. \$8



Echo Valley Farm is a community sustained farm and a learning center.

We live on the land in a symbiotic and regenerative way.

Respect for all we do is woven into our gardens and our products.

We consciously strive to reduce our environmental impact while providing the very best quality at affordable prices.

Our hope is that you will feel a bit of the farm and this place we call home in every bite or purchase.

“Community sustained” means that everyone plays an essential part in life here.

When you purchase some baked goods, tea or salve, you’re ensuring that more people can come, visit and participate in our intentionally simpler way of living.

Thank you.

